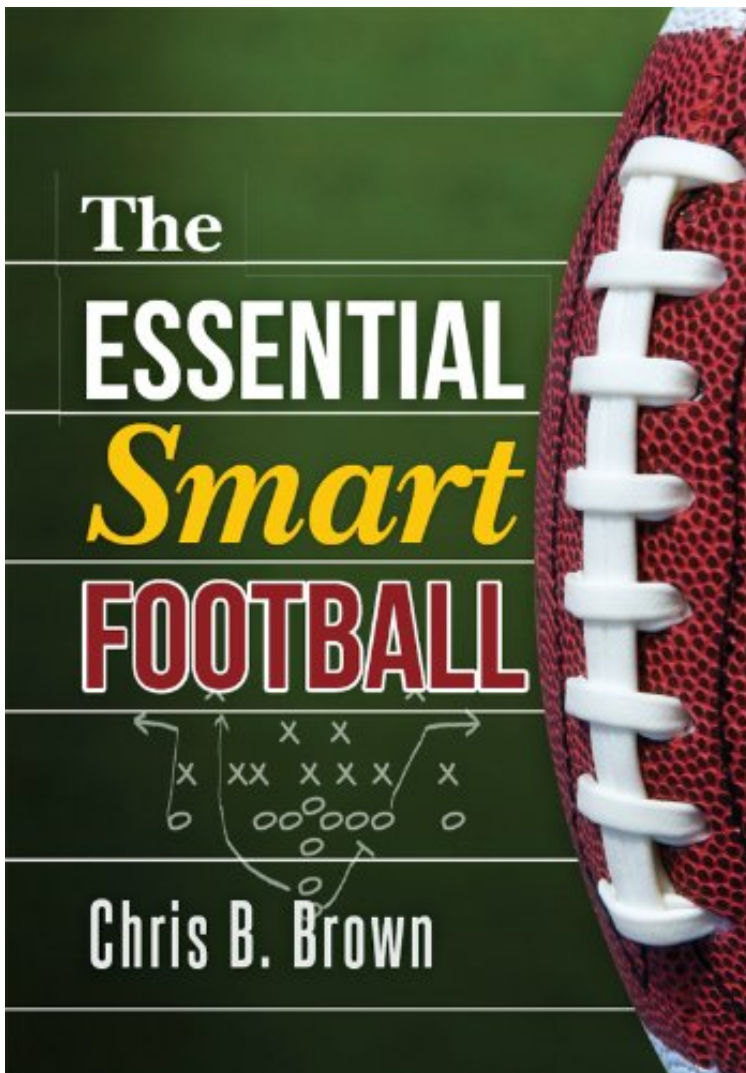


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# The Essential Smart Football (English Edition)



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## Description :

Prsentation de l'diteurThe Essential Smart Football is an examination of football's most important strategies and ideas, through the lens of the game's best coaches, players, and schemes. Brilliantly written and eschewing unnecessary jargon and technicality, it makes a major contribution to our understanding of football to help all of us -- coaches, players, and fans -- appreciate the game we love all the more. The Essential Smart Football features analysis of football's top strategists and their schemes, including:- Urban Meyer's spread offense- Tom Brady's no-huddle attack- Bill Belichick's hybrid defense- Mike Leach's pass-happy "Air Raid" offense- The most popular scheme for running the ball in the NFL- Nick Saban's school of defenseThe book also includes explorations of modern approaches to the West Coast Offense, evolutions in defensive fronts and coverages, the changing role of the running game in spread and pro-style offenses, and much more."Buy this book if you love football." -- Gregg Rosenthal"[Chris Brown] has put together a book

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Biographie de l'auteur  
Chris B. Brown writes and edits Smartfootball.com and is a featured contributor to Grantland/ESPN. He has also contributed to The New York Times, Yahoo! Sports, and Slate. He lives in New York City.