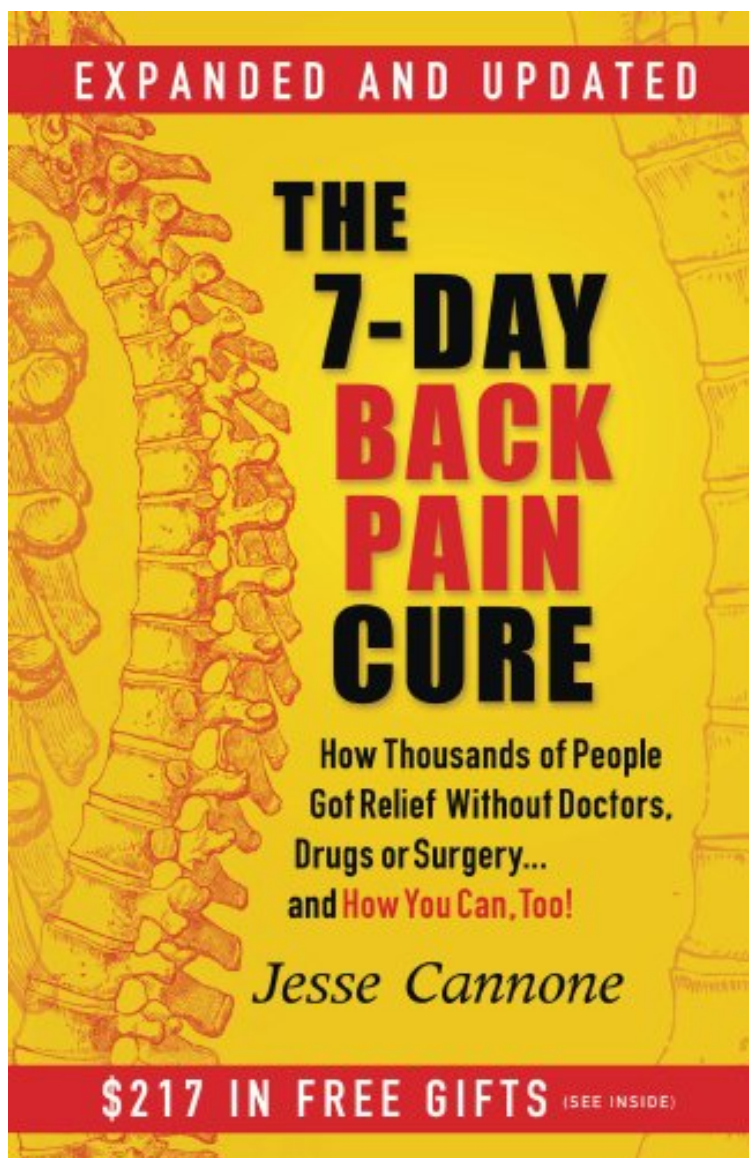


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their back and think that's why their back hurts, but nothing could be further from this truth. Discover underlying, hidden, causes of back pain-where pain really comes from and how to stop it once and for all. In this book, you'll learn: Why 60% of back surgery fails (pages 98 to 99) 5 "hidden" causes of back pain that you won't hear about from your doctor (page 51) 7 mistakes nearly all back pain sufferers make (pages 3 to 10) 3 breakthrough new treatments that deliver fast and lasting pain relief in as little as 60 seconds (pages 213 to 216) 7 Super foods that silence back pain (pages 192 and 194)Biographie de l'auteurJesse Cannone is a leading back pain expert and is frequently featured on major television, radio, magazines and newspapers like NBC, Mens Fitness, Womans World, The Chicago Tribune, and Entrepreneur magazine. He publishes the free Less Pain, More Life newsletter (www.losetheBackPain.com) read by over 400,000 people worldwide, and is the creator of Muscle Balance Therapy™.