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French Women Don't Get Facelifts: Aging with Attitude



Par Mireille Guiliano
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Description :

Prsentation de l'diteurMireille shares the secrets and strategies of aging with attitude and joy, offering personal anecdotes while divulging French women's most guarded secrets about looking and feeling great.

With her signature blend of wit, no-nonsense advice and storytelling flair she addresses everything from lotions and potions to diet, style, friendship and romance. For anyone who has ever spent the equivalent of a mortgage payment on anti-aging lotions or procedures, dressed inappropriately for their age, gained a little too much in the middle or accidentally forgotten how to flirt, here is a proactive way to stay looking and

feeling great, without declaring bankruptcy or resorting to surgery. Revue de presse "French women have incredible style and confidence. Mireille is an inspiration and her book is a must-read for any woman wanting to look better and ultimately feel more beautiful." --Bobbi Brown Like a fabulous friend sharing her secrets, Mireille divulges, encourages and inspires. And she does it with joy." --Pamela Druckerman, author of *Bringing Up Bebe* Presentation de l'auteur Mireille shares the secrets and strategies of aging with attitude and joy, offering personal anecdotes while divulging French women's most guarded secrets about looking and feeling great. With her signature blend of wit, no-nonsense advice and storytelling flair she addresses everything from lotions and potions to diet, style, friendship and romance. For anyone who has ever spent the equivalent of a mortgage payment on anti-aging lotions or procedures, dressed inappropriately for their age, gained a little too much in the middle or accidentally forgotten how to flirt, here is a proactive way to stay looking and feeling great, without declaring bankruptcy or resorting to surgery.