

(Mobile pdf) File size: 43.Mb

# Cholesterol statins: Sham science and bad medicine (English Edition)

Michel de Lorgeril, M.D.

## CHOLESTEROL AND STATINS SHAM SCIENCE AND BAD MEDICINE



- How pharma-funded research was deliberately biased
- Why statins save no lives but can make you ill

BY THE RESEARCH SCIENTIST  
BEHIND THE MEDITERRANEAN DIET AND THE FRENCH PARADOX

Download

Read Online

*Par Michel de Lorgeril  
ePub | \*DOC | audiobook | ebooks |  
Download PDF*

Details sur le produit Rang parmi les ventes : #484339 dans eBooksPubli le: 2014-03-05Sorti le: 2014-03-05Format: Ebook Kindle

(Mobile pdf) Cholesterol statins: Sham science and bad medicine (English Edition)

**Par Michel de Lorgeril : Cholesterol statins: Sham science and bad medicine (English Edition)** before purchasing it in order to gage whether or not it would be worth my time, and all praised Cholesterol statins: Sham science and bad medicine (English Edition):

### Description :

Prsentation de l'diteurREVIEWDr. de Lorgeril, the architect of the famous secondary prevention trial of the Mediterranean Diet has written a game-changing book exposing the truth about cholesterol and statins. In short, his comprehensive assessment of pharmaceutical trials is the most meticulous dissection of statin clinical trials I have ever seen. This book is a must read for anyone with clinical heart disease or anyone vulnerable to heart disease including those with positive family histories, and especially in those considering statin therapy. Highly recommended!--- Stephen T. Sinatra, M.D., F.A.C.C., F.A.C.N., Cardiologist and co-author of The Great Cholesterol MythWith the 2013 US and UK guidelines on the prevention of

cardiovascular disease, tens of millions of healthy people over the world will find themselves prescribed with statins. These tens of millions of people will be added to the tens of millions already taking this medication for high cholesterol, previous cardiovascular issues or diabetes. However, not one of these patients will see their health improved or their lives saved by statins, and a large number of them will fall victim to their serious side effects that are often irreversible, such as diabetes, eye and neurological disorders, even cancers. This is what Michel de Lorgeril brilliantly demonstrates with this new book. Dr de Lorgeril is a medical doctor and scientist, internationally renowned for his research into the Mediterranean diet, omega-3 fatty acids and polyphenols. He speaks out against this collective regulatory insanity, based on biased, truncated and often falsified studies. - The theory that cholesterol blocks arteries, that it causes heart attacks and strokes is an illusion that does not stand up to any physiological, experimental, epidemiological or clinical argument. - Contrary to current dogma, statins do not reduce mortality, and this book provides irrefutable proof of this. - These drugs, which can lead to diabetes and cancers, can also cause severe muscle damage, cognitive impairment and sexual dysfunction. Doctors and patients need good quality scientific evidence in order to make informed decisions. But for decades now they have been misled by directives based on corrupt clinical studies, which have been knowingly altered to exaggerate the benefits of their molecules and to minimise their secondary effects. When their findings are carefully analyzed, nothing remains of their claims. By far the most serious side effect, says Michel de Lorgeril, is that these prescriptions convey a false sense of security and prevent the population from adopting healthier lifestyle measures. Measures whose efficacy in the prevention of heart attacks and cardiovascular disease has been proven - and which are presented in this book.

**ABOUT THE AUTHOR** Michel de Lorgeril, M.D., is a cardiologist, nutritionist and researcher at Frances National Center for Scientific Research (CNRS) and a member of the European Society of Cardiology, internationally renowned for his research into the Mediterranean diet, omega-3 fatty acids and polyphenols. In recent years, he has published numerous articles in the medical and scientific press denouncing the systematic disinformation around cholesterol and statins.

**Presentation de l'auteur** Dr. de Lorgeril, the architect of the famous secondary prevention trial of the Mediterranean Diet has written a game-changing book exposing the truth about cholesterol and statins. In short, his comprehensive assessment of pharmaceutical trials is the most meticulous dissection of statin clinical trials I have ever seen. This book is a must read for anyone with clinical heart disease or anyone vulnerable to heart disease including those with positive family histories, and especially in those considering statin therapy. Highly recommended! --- Stephen T. Sinatra, M.D., F.A.C.C., F.A.C.N., Cardiologist and co-author of *The Great Cholesterol Myth*

With the 2013 US and UK guidelines on the prevention of cardiovascular disease, tens of millions of healthy people over the world will find themselves prescribed with statins. These tens of millions of people will be added to the tens of millions already taking this medication for high cholesterol, previous cardiovascular issues or diabetes. However, not one of these patients will see their health improved or their lives saved by statins, and a large number of them will fall victim to their serious side effects that are often irreversible, such as diabetes, eye and neurological disorders, even cancers. This is what Michel de Lorgeril brilliantly demonstrates with this new book. Dr de Lorgeril is a medical doctor and scientist, internationally renowned for his research into the Mediterranean diet, omega-3 fatty acids and polyphenols. He speaks out against this collective regulatory insanity, based on biased, truncated and often falsified studies. - The theory that cholesterol blocks arteries, that it causes heart attacks and strokes is an illusion that does not stand up to any physiological, experimental, epidemiological or clinical argument. - Contrary to current dogma, statins do not reduce mortality, and this book provides irrefutable proof of this. - These drugs, which can lead to diabetes and cancers, can also cause severe muscle damage, cognitive impairment and sexual dysfunction. Doctors and patients need good quality scientific evidence in order to make informed decisions. But for decades now they have been misled by directives based on corrupt clinical studies, which have been knowingly altered to exaggerate the benefits of their molecules and to minimise their secondary effects. When their findings are carefully analyzed, nothing remains of their claims. By far the most serious side effect, says Michel de Lorgeril, is that these prescriptions convey a false sense of security and prevent the population from adopting healthier lifestyle measures. Measures whose efficacy in the prevention of heart attacks and cardiovascular disease has been proven - and which are presented in this book.

**ABOUT THE AUTHOR** Michel de Lorgeril, M.D., is a cardiologist, nutritionist and researcher at Frances National Center for Scientific Research (CNRS) and a member of the European Society of Cardiology, internationally renowned for his research into the Mediterranean diet, omega-3 fatty acids and polyphenols. In recent years, he has published numerous articles

in the medical and scientific press denouncing the systematic disinformation around cholesterol and statins.