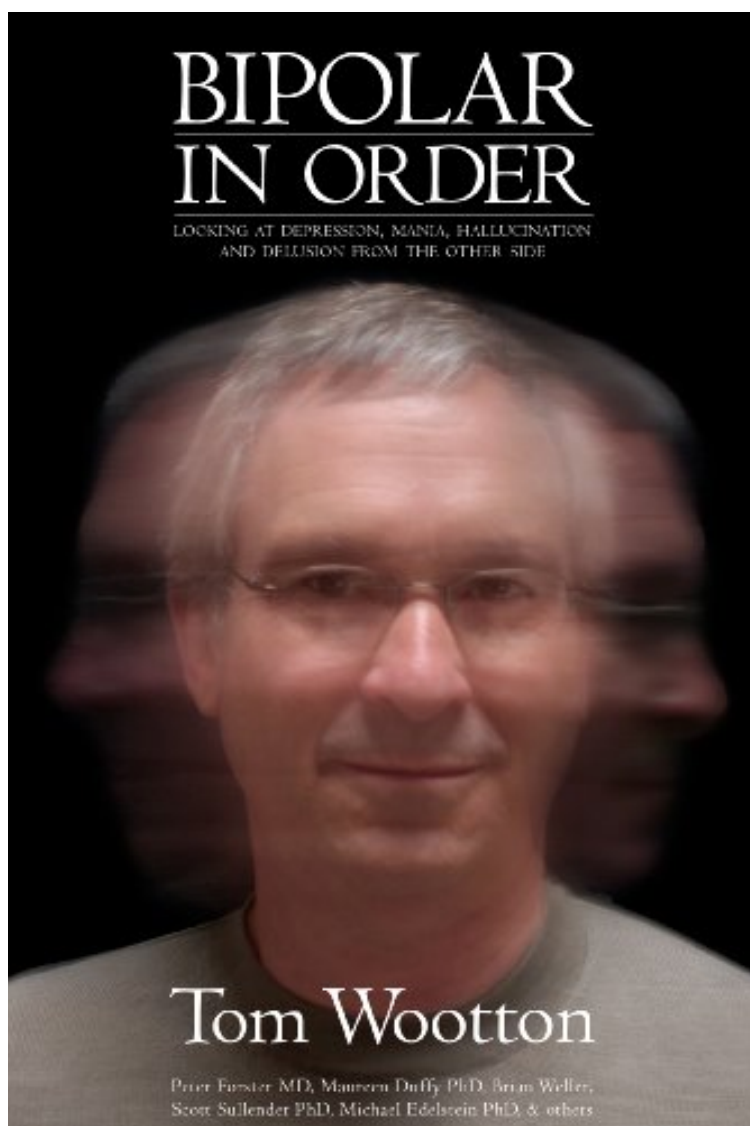


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Par Tom Wootton

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Description :

Prsentation de l'diteur Bipolar In Order: Looking at Depression, Mania, Hallucination, and Delusion from the Other Side defines success in a way that no one ever has. It challenges everything we believe about bipolar from how we define it to how we treat it, and details a clear path to a better life. By shattering the notions about the end goals of treatment, Bipolar In Order goes beyond the hope and encouragement found in his previous books, Bipolar Advantage and Depression Advantage. It helps people with mental conditions shift

their thinking and behavior so that they can lead extraordinary lives. With chapters by doctors, therapists, and other professionals in complementary disciplines, this book challenges us all to reevaluate our preconceptions, practices, and definitions of successful outcomes when treating mental conditions. It asks every professional working in mental health to see the limits they place on themselves and their patients by not considering what more might be possible. In addition to detailing Results Worth Striving For and the beliefs that are in the way of them, Wootton presents an integrated approach for education, assessment, life planning, and treatment. The mental health field is plagued with the bigotry of low expectations. Far too many people are talking about changing the stigma, while creating the worst stigma of all--the idea that we are not capable of achieving greatness. - Bipolar In Order

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